

Medications that interfere with allergy testing

Many common medications, especially antihistamines, interfere with allergy skin tests. Antihistamines are in many over-the-counter medications for allergies, colds and sinus problems. It is important to stop taking these medications prior to your visit so that skin tests can be performed.

If you are currently experiencing significant skin symptoms such as hives (urticaria) or swelling (angioedema), or if you were put on antihistamines for a severe allergic reaction (anaphylaxis), do not stop your antihistamine without contacting our office first. If you have any questions about medications not on this list that could interfere with skin testing, please contact our office at (414) 529-8500.

H1 Antihistamines

Hold the following medications for one (1) week prior to your visit.

Brand Name H1 Antihistamines

Actifed	Contac	R-Tannate
Advil Allergy	Coricidin	Semprex-D
Advil Cold/Sinus	Co-Tylenol	Sinutab
Alahist	Dimetane	Sudafed Cold+Allergy
Alka Seltzer Plus/Cold	Dimetapp	Tanafed
Allegra	Drixoral	Tavist
Allerest	Elestat eye drops	Theraflu (all forms)
Allergy Relief Medication	Extendryl	Time Hist
AlleRX	Midol	Triaminic (all forms)
Alleve Cold	Norel SR/MD	Tussionex
Atarax	Nyquil	Tylenol Allergy Sinus
BC Cold Powder	Palgic	Tylenol Cold and Flu
Benadryl	Pediacare	Tylenol Flu Nighttime
Benylin Cough	Percogesic	Vicks 44M
Bromfed	Periactin	Vistaril
Chlor-Trimeton	Polyhistine	Wal-Zyr
Clarinet	Robitussin (many forms)	Xyzal
Claritin	Rondec	Zicam
Comtrex	Rynatan	Zyrtec

Generic H1 Antihistamines

Brompheniramine	Desloratidine	Ketotifen
Carbinoxamine	Diphenhydramine	Levocetirizine
Cetirizine	Doxylamine	Loratadine
Chlorpheniramine	Fexofenadine	Phentyloxamine
Cyproheptadine	Hydroxyzine	Pyrimilamine

Antihistamine Nasal Sprays

Hold the following medications for one (1) week prior to your visit.

Brand Name Antihistamine Nasal Sprays

Astelin	Dymista	Ryaltris
Astepro	Patanase	

Generic Antihistamine Nasal Sprays

Azelastine	Mometasone/Olopatadine
Fluticasone/Azelastine	Olopatadine

Antihistamine Eye Drops

Hold the following medications for one (1) week prior to your visit.

Brand Name Antihistamine Eye Drops

Alaway	Lastacaft	Pataday
Bepreve	Optivar	Zaditor
Elestat	Patanol	Zyrtec

Generic Antihistamine Eye Drops

Alcaftadine	Bepotastine	Ketotifen
Azelastine	Epinastine	Olopatadine

H2 Blocking Medications (for reducing stomach acid)

Hold the following medications the evening before your visit.

Brand Name H2 Blocking Medications

Pepcid	Tagamet
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Generic H2 Blocking Medications

Cimetidine	Famotidine
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Leukotriene Blocking Medications

Hold the following medications the morning of your visit.

Brand Name Leukotriene Blocking Medications

Accolate	Singulair	Zyflo
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Generic Leukotriene Blocking Medications

Montelukast	Zafirlukast	Zileuton
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Sleep Aid Medications

Hold the following medications for one (1) week prior to your visit.

Brand Name Sleep Aid Medications

Advil PM	Night Time Sleep Aid	Sinequan
Alertec	Nytol	Tylenol PM
Excedrin PM	Sominex	Tylenol Sleep

Generic Sleep Aid Medications

Doxepin	Doxylamine	Modafinil
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Anti-Nausea/Vertigo Medications

Hold the following medications for one (1) week prior to your visit.

Brand Name Anti-Nausea/Vertigo Medications

Antivert	Dramamine
Compazine	Phenergan

Generic Anti-Nausea/Vertigo Medications

Chlorpromazine	Meclizine	Promethazine
Dimenhydrinate	Prochlorperazine	

Oral Steroid Medications

Call us if you are on more than 20 mg prednisone or 16 mg of medrol per day. **Do not stop taking** unless directed by a physician.

Other Medications

The medications in this section may interfere with skin testing. If you are taking these medications, please call us to receive special instructions prior to discontinuing. **Do not discontinue them** unless instructed by a physician.

Tricyclic Antidepressants

Consult with your physician and do not hold these medications unless directed.

Brand Name Tricyclic Antidepressants

Adapin	Limbitrol	Tofranil
Anafranil	Norpramin	Triavil
Asendin	Pamelor	Vivactil
Elavil	Sinequan	
Endep	Surmontil	

Generic Tricyclic Antidepressants

Amitriptyline	Doxepin	Trazodone
Amoxapine	Imipramine	Trimipramine
Clomipramine	Nortriptyline	
Desipramine	Protriptyline	

Benzodiazepines

Consult with your physician and do not hold these medications unless directed.

Brand Name Benzodiazepines

Ativan	Librium	Valium
Dalmane	Prosom	Versed
Doral	Restoril	Xanax
Halcion	Serax	
Klonopin	Tranxene	

Generic Benzodiazepines

Alprazolam	Estazolam	Quazepam
Chordiazepoxide	Flurazepam	Temazepam
Clonazepam	Lorazepam	Triazolam
Clorazepate	Midazolam	
Diazepam	Oxazepam	

Other Medications with Potential Restrictions

Consult with your physician and do not hold these medications unless directed.

Other Brand Name Medications

Flexeril

Remeron

Seroquel

Other Generic Medications

Baclofen

Mirtazepine

Cyclobenzaprine

Quetiapine

Please continue taking all other medications as prescribed, including the following:

Antibiotics

Antidepressants

Asthma Medications (including inhalers, nebulizer solutions, and Zafirlukast/Accolate)

Blood Pressure Medications

Cholesterol Medications

Decongestants

Heart Medications

Injectable Medications

Nasal Sprays (Except Astelin/Astepro/Patanase and Dymista)

Steroids (such as prednisone, prednisolone, solumedrol)

Thyroid Medications

Do not stop these medications without the approval of your physician.